

INTO THE WILD 2023 KIDS AREA PROGRAMME

GO WILD, LOVE NATURE

PLEASE MAKE SURE YOUR KIDS ARE ACCOMPANIED IN THE KIDS' AREA D.I.Y KIDS ARTS AND CRAFTIVIST PRESENTS

FIERY JACK
WITH HIS AWARD-WINNING CIRCUS TROUPE

BRAZILIAN MUSICIAN DUDA MOLEQUE

ACCELERATION RHYMES "THE RETURN OF DA FAERIES"

THE ALBION KID TAVELLING PUPPETORIUM

TIC-TAC SKATEBOARD COLLECTIVE

MUSICADOO

B-GIRL EZRAKADEZRAH ROCK STEADY BEAT

DA VINCI SCHOOL OF SACRED GEOMETRY

CIRQULISE
MOIPOITOI
HERTS AFRICAN DRUM CIRCLE
HANNAH HARDY ARTIST



FRIDAY <u>WARRIOR & SUPER POWER YOGA – CLAUDIA</u> 9.00 AM-10.30 AM

IMAGINATION MEDITATION TO CONNECT HEART AND MIND, YOGI BREATH, BREATHS FOR SUPER BRAIN HEALTH, BREATH OF FIRE, BREATH OF LIGHT AND WARRIOR BREATHS. THEN A POWERFUL AND ENERGETIC WARRIOR FLOW AND ECSTATIC DANCE. MIRROR THE JOURNEY OF LIFE THROUGH THE 7 COLOURS OF THE RAINBOW

888

OPENING CEREMONY NATURES GRATITUDE CRAFTS WITH ARTIST HANNAH HARDY

D.I.Y KIDS ARTS & CRAFTIVISTS TENT

9.00 AM -10.30

NATURE WEAVING

ALL AGES WELCOME

EXPLORE THE LUSCIOUS WOOD A COLLECTION OF NATURAL OBJECTS TO INCORPORATE INTO A WOVEN DESIGN ON OAK, DOG WOOD AND WILLOW HANDMADE FRAMES

ECO PRINTING WITH WILDFLOWERS

CREATE A DRAWING BOOK. LEARN HOW TO MAKE BEAUTIFUL ORGANIC PRINTS USING NATURAL PIGMENT IN FLORA AND FAUNA.

TURMERIC AND NATURE BUNTING

A SIMPLE BUT EFFECTIVE WAY OF NATURAL DYEING WITH TURMERIC CREATING THE PERFECT NATURE BUNTING IN THE WILD.

CRAFTIVISTS COLLECTIVE

CREATIVE EMBROIDERY AND STITCHING COLLECTIVE PROJECT
USING BURLAP AND HESSIAN
10.30 TO 12.00AM

DREAM CATCHER MAKING

IN THIS DREAMCATCHER WORKSHOP YOU WILL GET TO CREATE YOUR OWN UNIQUE DREAM CATCHER. ORIGINALLY FROM NATIVE AMERICAN CULTURES, DREAM CATCHERS WERE HANDMADE AND BELIEVED TO GIVE THEIR OWNERS GOOD DREAMS. USING A RANGE OF MATERIALS SUCH AS FEATHERS & COLOURFUL THREADS.

TALKING STICK

TOGETHER WE WILL LEARN ABOUT THE FOUR ELEMENTS OF A
TALKING STICK PATIENCE, ENDURANCE, COURAGE, ALERTNESS
WHILST CRAFTING AND CREATING YOUR OWN USING RECYCLED,
RECLAIMED AND NATURAL MATERIALS.

STAR WANDS WILLOW WEAVING

MAKE AND DECORATE A WILLOW STAR MAGIC WAND. BRING YOURSELF AND YOUR CHILD TO WEAVE A STAR FROM WILLOW. THERE WILL BE AN OPTION TO ADD SOME DECORATIONS TO YOUR WILLOW STAR WHICH YOU CAN TAKE AWAY TO PLAY WITH.

12.00 TO 2.00 PM

CLAY BUDDHA HEADS

THIS KIDS' CLAY WORKSHOP WAS CREATED AS A CONCEPT FOR KIDS TO GET THEIR HANDS DIRTY. CLAY IS ONE OF EARTH'S MORE ABUNDANT MATERIALS AND IT'S A BRILLIANT AND FUN WAY TO GET BACK TO BASICS WHILE ALSO BEING CREATIVE.

HERBAL BATH SOAKS

, HANDS ON WORKSHOP, WHERE YOU WILL LEARN THE DELIGHTS OF BATH SOAK MAKING. YOU WILL BE USING SIMPLE, NATURAL INGREDIENTS AND HERBS CREATING TRULY DELICIOUS BATH FIZZIES AND BATH TREATS.

HAPPY HUSNA HENNA

PROFESSIONAL MEHNDI ARTIST WILL HELP YOU CREATE A
SELECTION OF TIPS AND TECHNIQUES FOR MAKING, USING AND
APPLYING HENNA PASTE

1.00 TO 2.30

STONES AND WIRE

CREATE MAGICAL PENDENT WITH BENGUIN
2.00 TO 4.00PM

PRINTING

PRINTMAKING, CREATING AND EXPERIMENTING HANDS-ON FUN.

EACH PRINT YOU PULL IS UNIQUE SO

JOIN IN AND DISCOVER A DIFFERENT WAY TO CREATE ART.

MINI SCROLLS

4.00 TO 6.00PM

SACRED GEOMETRY

DA VINCI SCHOOL DR HEIKE BIELEK AND COLIN POWER
THE ART OF LEARNING SACRED GEOMETRY YOU WILL BUILD A
SOLID FOUNDATION AND BEGIN TO CONNECT THE DOTS OF
GEOMETRIC DESIGNS.

9.00AM -6.00 PM TIC-TAC SKATE SCHOOL

WE GUARANTEE THAT HAS A GO WILL FALL IN LOVE WITH SKATEBOARDING. OUR PHILOSOPHY IS ON FUN AND ENJOYMENT WHILE PLANTING SEEDS OF POSITIVE ENERGY IN EVERYONE WHO TRIES. NOT EVERY CLASSROOM HAS 4 WALLS.

9.00 AM -5.00PM

THE ALBION KID TRAVELING PUPPETORIUM

MAGICAL PUPPET CRAFTING AND CREATING D.I.Y PUPPET SHOW

10.30— 2.00PM FIERY JACK CIRCUS SKILLS

FIERY JACK AND HIS AMAZING TROUPE SHARE THEIR SPECIAL CIRCUS SKILLS WITH ANYONE WHO WOULD LIKE TO LEARN. THEY ARE WITH US FOR THE WHOLE WEEKEND. MASTER VARIOUS CIRCUS SKILLS AND WHATCH A DAZZLING PERFORMANCE WITH FIERY JACK AND HIS AWARD WINNING FAMILY

10.30 TO 12.00 NOON <u>CIRQULISE</u> AERIAL WORKSHOP LIMITED SPACES

MOIPOITOI POI WORKSHOP WITH MS PRINGLESSTAY AND PLAY TENT

9.00 -5.00

INTERACTIVE SENSORY TENT FOR UNDER SEVENS TO CHILL AND

CRAFT WITH THEIR GUARDIANS

MINDFUL STORYTELLING / BEING WITH OUR FEELINGS - ANITA

10.30AM-12.00 NOON

STORYTELLING WORKSHOP. LISTEN TO ANITA'S ENCHANTING RHYMING STORIES AND THEN HAVE A CHANCE TO EXPLORE HOW YOUR OWN FEELINGS MOVE AND FEEL IN YOUR BODY - THROUGH WORDS, SOUND AND MOVEMENT. WARNING: FUN AND HUMOUR MAY BE PRESENT! CHILDREN CAN BE UNACCOMPANIED. PARENTS/CARERS ARE WELCOME TO JOIN IN.

12.30-2.30

LAURA'S YOGA CLUB

BASED AROUND THE THEME OF WILDERNESS AND NATURE
FOLLOWED BY MINDFUL CRAFT ACTIVITIES
CRAFT WORKSHOPS THROUGH OUT THE DAY FOR UNDER SEVENS

BIRD FEEDERS

A SIMPLE BUT EFFECTIVE WAY OF FEEDING OUR MUCH-LOVED WILD BIRDS. THE BIRDS WILL LOVE PECKING THE SEEDS THAT YOU USE TO MAKE INTO A HANGING BIRD FEEDER.

FUN WITH SENSORY

YOUNG ONES HAVE FUN WITH LAVENDER ECO FRIENDLY PLAY DOUGH AND SENSORY PILLOWS, PLAY AND STAY

CANDLE DECORATION WHITE CANDLE TRANSFORMED INTO A MULTI COLOURED CANDLE FOR A SPECIAL CELEBRATION

<u>PEBBLES DOT MANDALA</u> A LITTLE KEEPSAKE FOR YOUR POCKET

THE RETURN OF DA FAERIES CATCH THE WANDERING STORYTELLER THROUGH OUT THE WEEKEND

3.00 PM

<u>CIRQULISE</u>

FAE IN THE SKY PERFORMANCE

AS THE SUN SETS FRIDAY EVENING, SNUGGLE DOWN WITH YOUR FAMILY FOR A BED TIME STORY

TRADITIONAL FOLK TALE THE WILD SWAN

HEAR HOW A SISTER RESCUES HER BROTHER FROM ENCHANTMENT,

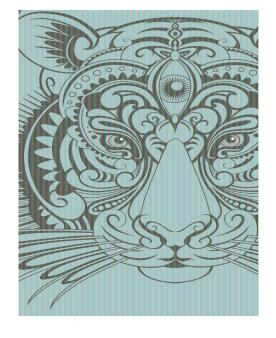
A CELEBRATION OF SIBLINGS, WISE WOMEN AND NETTLES.

THE TALE IS ILLUSTRATED BY A TRADITIONAL CANDLE LIT STORY

BOX USING HANDMADE PAPER TO CREATE A GENTLE STREAM OF

SCROLLING SILHOUETTES

STORYTELLER DAWN CASEY



SATURDAY 26TH AUGUST

<u>WARRIOR & SUPER POWER YOGA - CLAUDIA</u>

9.00 AM-10.30 AM

IMAGINATION MEDITATION TO CONNECT HEART AND MIND, YOGI BREATH, BREATHS FOR SUPER BRAIN HEALTH, BREATH OF FIRE, BREATH OF LIGHT AND WARRIOR BREATHS. THEN A POWERFUL AND ENERGETIC WARRIOR FLOW AND ECSTATIC DANCE. MIRROR THE JOURNEY OF LIFE THROUGH THE 7 COLOURS OF THE RAINBOW

9.00AM -6.00 PM TIC-TAC SKATE SCHOOL

WE GUARANTEE THAT IF YOU HAVE A GO YOU WILL FALL IN LOVE WITH SKATEBOARDING. OUR PHILOSOPHY IS ON FUN AND ENJOYMENT WHILE PLANTING SEEDS OF POSITIVE ENERGY IN EVERYONE WHO TRIES.

LEARN THE BASIC INDAIN STEP READY FOR A DANCE BATTLE

10.00AM
B GIRL EZRAKEDEZRAH ROCK STEADY BEATS

10.30 TO 12.00 NOON <u>CIRQULISE</u> AERIAL WORKSHOP LIMITED SPACES

MOIPOITOI POI WORKSHOP WITH MS PRINGLES

9.00 AM -5.00PM

THE ALBION KID TRAVELING PUPPETORIUM

MAGICAL PUPPET CRAFTING AND CREATING D.I.Y DAILY PUPPET

SHOW

10.30— 2.00PM
FIERY JACK CIRCUS SKILLS

FIERY JACK AND HIS AMAZING TROUPE SHARE THEIR SPECIAL CIRCUS SKILLS. MASTER VARIOUS CIRCUS SKILLS AND WHATCH A DAZZLING PERFORMANCE WITH FIERY JACK AND HIS AWARD WINNING FAMILY

FIERY JACK FAMILY SHOW

2.00 -2.30

WATCH A DAZZLING PERFORMANCE WITH FIERY JACK AND HIS AWARD WINNING FAMILY.

WORLD MUSIC JOURNEY - MUSICADOO 1.00 -2.00

MUSIC IS OUR UNIVERSAL LANGUAGE; THROUGH MUSIC ALL BEINGS ARE ABLE TO COMMUNICATE FROM DIFFERENT COUNTRIES AND CULTURES, AND CAN BE A POWERFUL TOOL FOR PROMOTING PEACE AND UNITY! EVERY CULTURE, TRIBE & COMMUNITY HAS DIFFERENT TYPES OF INSTRUMENTS AND

ANCIENT MUSICAL TRADITIONS. WITH THE MUSICAL TRAIN,
CHILDREN WILL DISCOVER THE INSTRUMENTS OF THE WORLD
TRAVELLING ON A WORLD MAP, MERGING MUSIC WITH
GEOGRAPHY AND HISTORY.

STAY AND PLAY TENT 9.00 -5.00

INTERACTIVE SENSORY TENT FOR UNDER SEVENS TO CHILL AND

CRAFT WITH THEIR GUARDIANS

STORYTELLING WITH ANITA

STORYTELLING WORKSHOP. LISTEN TO ANITA'S ENCHANTING RHYMING STORIES AND THEN HAVE A CHANCE TO EXPLORE HOW YOUR OWN FEELINGS MOVE AND FEEL IN YOUR BODY - THROUGH WORDS, SOUND AND MOVEMENT. WARNING: FUN AND HUMOUR MAY BE PRESENT! CHILDREN CAN BE UNACCOMPANIED. PARENTS/CARERS ARE WELCOME TO JOIN IN.

12.30-2.30

<u>LAURA'S YOGA CLUB</u>

BASED AROUND THE THEME OF WILDERNESS AND NATURE FOLLOWED BY MINDFUL CRAFT ACTIVITIES

2.30 - 5.00

OJOS DE DIOS GODS EYES (OH HO DAY DEE OH) MADE BY THE HUICHOL INDIGENOUS PEOPLE OF MEXICO FOR PROTECTION IN ANCIENT TIMES

KUMIHIMO

BRAIDING ART, THIS SIMPLIFIED VERSION OF AN ANCIENT BRAIDING TECHNIQUE

DEMONSTRATIONS AND HAIR BRANDING THROUGH OUT THE WEEKEND

PAPER PAPILLION PAPER CRAFTING BUTTERFLY INTO BEAUTIFUL THINGS

D.I.Y KIDS ARTS & CRAFTIVISTS TENT

<u>9.00 AM -10.30</u> <u>CRAFTIVISTS COLLECTIVE</u>

CREATIVE EMBROIDERY AND STITCHING COLLECTIVE PROJECT USING BURLAP AND HESSIAN

DREAM CATCHER MAKING

IN THIS DREAMCATCHER WORKSHOP YOU WILL GET TO CREATE YOUR OWN UNIQUE DREAM CATCHER. ORIGINALLY FROM NATIVE AMERICAN CULTURES, DREAM CATCHERS WERE HANDMADE AND BELIEVED TO GIVE THEIR OWNERS GOOD DREAMS. USING A RANGE OF MATERIALS SUCH AS FEATHERS & COLOURFUL THREADS.

STAR WANDS WILLOW WEAVING

MAKE AND DECORATE A WILLOW STAR MAGIC WAND. BRING YOURSELF AND YOUR CHILD TO WEAVE A STAR FROM WILLOW. THERE WILL BE AN OPTION TO ADD SOME DECORATIONS TO YOUR WILLOW STAR WHICH YOU CAN TAKE AWAY TO PLAY WITH.

<u>DRIFTWOOD DREAM WEAVE</u>

WEAVING DRIFTING DREAMING AS YOU CREATE A BEUTIFUL DECORATIVE WALL HANGING WITH CORA

10.30 TO 12.00AM WILLOW MOON AND SUN

GET MESSY AND USING WILLOW, TISSUE PAPER TO CREATE THE MOON AND SUN STRUCTURES TO BE DECORATED

CRYSTAL WAND MAKING

CREATE YOUR OWN CRYSTAL WAND. USING REAL CRYSTALS FOR THE ULTIMATE POWER IN SPELL MAKING. ONLY YOU CAN UNLEASH THE GOOD SPELLS THAT YOUR WAND CAN CONJURE UP

RUNE WORKSHOP

HEAR THE TALES OF NORSE MYTHOLOGY A MEDITATION
WORKSHOP OF DISCOVERY AND MEANING MAKING BEAUTIFUL
ART WORKS IN CHARCOAL AND CLAY AS A GIFT OR OFFERING
12.00 TO 2.00 PM

CLAY POT AND SMUDGING STICK

MINI SMUDGING STICKS OF LAVENDER, SAGE & ROSEMARY MAKE

A SMALL COILED POT FOR YOU SMUDGE

PRINTING

PRINTMAKING, CREATING AND EXPERIMENTING HANDS-ON FUN BLOCK PRINTING ON TOTE BAGS

1.00 TO 2.30

STONES AND WIRE

CREATE MAGICAL PENDENT WITH BENGUIN

2.00 TO 4.00

HAPPY HUSNA HENNA

PROFESSIONAL MEHNDI ARTIST WILL HELP YOU CREATE A
SELECTION OF TIPS AND TECHNIQUES FOR MAKING, USING AND
APPLYING HENNA PASTE

A CRAFTY SLEEP POTION <u>CREATIVE CRAFTING</u> CREATE YOUR VERY OWN SLEEP POTIONS FROM MAGICAL INGREDIENTS A LAVENDER CLOUD TO HANG IN YOUR SPACE

4.00 TO 6.00PM SACRED GEOMETRY

DA VINCI SCHOOL DR HEIKE BIELEK AND COLIN POWER
THE ART OF LEARNING SACRED GEOMETRY YOU WILL BUILD A
SOLID FOUNDATION AND BEGIN TO CONNECT THE DOTS OF
GEOMETRIC DESIGNS.

COLOURING PARTY YOU ARE INVITED TO THE MANDALA COLOURING PARTY

2.30-4.00

JUNK MUSIC WITH DUDA MOLEQUE
INSTRUMENT MAKING AND PLAYING USING RECYCLABLE
MATERIALS, LEARN TO PLAY SIMPLISTIC RYTHMES TO MOVE TO
THE BEATS AND PERFORMANCE

<u>DRUM CIRCLE – ABDUL</u> 4.30-5.30

JOIN HERTS AFRICAN DRUM CIRCLE AT THE KIDS AREA FOR A HEART BEAT OF ENERGETIC DRUMMING, CHANTING & DANCING. LIGHT INSTRUMENTS, DANCING BODIES, VOICES - ALL WELCOME

5.30
<u>CIRQULISE</u>

FAE IN THE SKY PERFORMNCE



SUNDAY 27 TH AUGUST WARRIOR & SUPER POWER YOGA - CLAUDIA

9.00AM-10.30AM

ANOTHER CHANCE TO CONNECT HEART AND MIND, YOGI BREATH, BREATHS FOR SUPER BRAIN HEALTH, BREATH OF FIRE, BREATH OF LIGHT AND WARRIOR BREATHS. THEN A POWERFUL AND ENERGETIC WARRIOR FLOW AND ECSTATIC DANCE. MIRROR THE JOURNEY OF LIFE THROUGH THE 7 COLOURS OF THE RAINBOW ...

D.I.Y KIDS ARTS & CRAFTIVISTS TENT 9.00 AM -10.30 STAD WANDS WILLOW WEAVING

STAR WANDS WILLOW WEAVING

MAKE AND DECORATE A WILLOW STAR MAGIC WAND. BRING YOURSELF AND YOUR CHILD TO WEAVE A STAR FROM WILLOW. THERE WILL BE AN OPTION TO ADD SOME DECORATIONS TO YOUR WILLOW STAR WHICH YOU CAN TAKE AWAY TO PLAY WITH.

DREAM CATCHER MAKING

IN THIS DREAMCATCHER WORKSHOP YOU WILL GET TO CREATE YOUR OWN UNIQUE DREAM CATCHER. ORIGINALLY FROM NATIVE AMERICAN CULTURES, DREAM CATCHERS WERE HANDMADE AND BELIEVED TO GIVE THEIR OWNERS GOOD DREAMS. USING A RANGE OF MATERIALS SUCH AS FEATHERS & COLOURFUL THREADS.

CRAFTIVISTS COLLECTIVE

CREATIVE EMBROIDERY AND STITCHING COLLECTIVE PROJECT USING BURLAP AND HESSIAN

10.30 TO 12.30 SACRED GEOMETRY

DA VINCI SCHOOL DR HEIKE BIELEK AND COLIN POWER
THE ART OF LEARNING SACRED GEOMETRY YOU WILL BUILD A
SOLID FOUNDATION AND BEGIN TO CONNECT THE DOTS OF
GEOMETRIC DESIGNS.

RUNE WORKSHOP

HEAR THE TALES OF NORSE MYTHOLOGY A MEDITATION
WORKSHOP OF DISCOVERY AND MEANING MAKING BEAUTIFUL
CLAY RUNE AND POUCH

HAPPY HUSNA HENNA

PROFESSIONAL MEHNDI ARTIST WILL HELP YOU CREATE A
SELECTION OF TIPS AND TECHNIQUES FOR MAKING, USING AND
APPLYING HENNA PASTE CREATE A MINI BOOKLET OF YOUR
PATTERNS

12.30 TO 2.00 CLAY AWAY

LAST OPPORTUNITY TO DO THIS KIDS' CLAY WORKSHOP THAT WAS CREATED AS A CONCEPT FOR KIDS TO GET THEIR HANDS DIRTY. CLAY IS ONE OF EARTH'S MORE ABUNDANT MATERIALS AND IT'S A BRILLIANT AND FUN WAY TO GET BACK TO BASICS WHILE ALSO BEING CREATIVE.

AN INTRODUCTION TO THIS CREATIVE WORLD OF CLAY AND YOU ARE INVITED TO HAVE FUN AND "GET YOUR HANDS DIRTY". JOIN AND CREATE INDIVIDUAL HAND-BUILT CLAY MASTERPIECES. IN IMMERSIVE WORKSHOPS YOU WILL LEARN NEW SKILLS

GREEN MAN OF THE OAK CLAY HEAD

CLAY MOON , CLAY IMAGINATION CREATIONS

2.00 -4.00

MACRAME

TRY YOUR HAND ONCE MORE AT THIS AGE-OLD CRAFTING TECHNIQUE THAT USES KNOTS TO CREATE VARIOUS TEXTILES.

SINCE THIS ART FORM HAS REGAINED POPULARITY IN RECENT YEARS, CRAFTERS AND ARTISTS ARE COMING UP WITH INNOVATIVE WAYS TO TAKE MACRAME BEYOND THE BASICS A SIMPLE FEATHER DESIGN CAN YOU MASTER THE FIRST KNOT.

TURMERIC AND BEETROOT A SIMPLE BUT EFFECTIVE WAY OF NATURAL DYEING WITH TURMERIC AND BEETROOT

4.00 TO 5.30

GET CRAFTY ONCE MORE: USING YOUR HANDS, HEAD AND HEART COME AND EXPLORE CREATIVE WAYS TO BE A STRATEGIC ACTIVIST USING CRAFT. JOIN THE CRAFTIVISIM REVOLUTION.

SACRED HEART FELT HEARTS WITH ALL THE LOVE OF THE WEEKEND CREATE YOUR REMEMBRANCE FELT BADGE WILLOW HEARTS

10.30-2.00

FIERY JACK CIRCUS SKILLS

FIERY JACK AND HIS AMAZING TROUPE SHARE THEIR SPECIAL CIRCUS SKILLS WITH ANYONE WHO WOULD LIKE TO LEARN. THEY ARE WITH US FOR THE WHOLE WEEKEND. MASTER VARIOUS

CIRCUS SKILLS FIERY JACK FAMILY SHOW 2.00 -2.30

WATCH A DAZZLING PERFORMANCE WITH FIERY JACK AND HIS AWARD WINNING FAMILY.

10.30 TO 12.00 NOON <u>CIRQULISE</u> AERIAL WORKSHOP LIMITED SPACES

MOIPOITOI POI WORKSHOP WITH MS PRINGLES

9.00AM -6.00 PM TIC-TAC SKATE SCHOOL

WE GUARANTEE THAT IF YOU HAVE A GO YOU WILL FALL IN LOVE WITH SKATEBOARDING. OUR PHILOSOPHY IS ON FUN AND ENJOYMENT WHILE PLANTING SEEDS OF POSITIVE ENERGY IN EVERYONE WHO TRIES.

11.00-12.30

WORLD MUSIC JOURNEY - ALEX

MUSIC IS OUR UNIVERSAL LANGUAGE; THROUGH MUSIC ALL BEINGS ARE ABLE TO COMMUNICATE FROM DIFFERENT COUNTRIES AND CULTURES, AND CAN BE A POWERFUL TOOL FOR PROMOTING PEACE AND UNITY! EVERY CULTURE, TRIBE & COMMUNITY HAS DIFFERENT TYPES OF INSTRUMENTS AND ANCIENT MUSICAL TRADITIONS. WITH THE MUSICAL TRAIN, CHILDREN WILL DISCOVER THE INSTRUMENTS OF THE WORLD TRAVELLING ON A WORLD MAP, MERGING MUSIC WITH GEOGRAPHY AND HISTORY.

STAY AND PLAY TENT

9.00 -5.00

INTERACTIVE SENSORY TENT FOR UNDER SEVENS TO CHILL AND CRAFT
WITH THEIR GUARDIANS

STORYTELLING ANITA

10_30AM-12_00PM

LISTEN TO ANITA'S ENCHANTING RHYMING STORIES AND THEN HAVE A CHANCE TO EXPLORE HOW YOUR OWN FEELINGS MOVE AND FEEL IN YOUR BODY - THROUGH WORDS, SOUND AND MOVEMENT. WARNING: FUN AND HUMOUR MAY BE PRESENT! CHILDREN CAN BE UNACCOMPANIED.

PARENTS/CARERS ARE WELCOME TO JOIN IN.

12.30-2.30

LAURA'S YOGA CLUB

BASED AROUND THE THEME OF WILDERNESS AND NATURE FOLLOWED BY MINDFUL CRAFT ACTIVITIES

3_00-5_30

WEAVING

SIMPLE BUT BEAUTIFUL. - WEAVING WITH WOOL

NATURE WEAVING

3_00PM-4_30

YET ANOTHER CHANCE TO EXPLORE THE GIFTS FROM THE LUSCIOUS WOODS USING NATURAL OBJECTS TO INCORPORATE INTO A WOVEN DESIGN MOBILEJUNK MUSIC WITH DUDA MOLEQUE

2.30 -4.00

INSTRUMENT MAKING AND PLAYING USING RECYCLABLE
MATERIALS, LEARN TO PLAY SIMPLISTIC RYTHMES TO MOVE TO
THE BEATS AND PERFORMANCE

DRUM CIRCLE - ABDUL 4.00-5.30

JOIN HERTS AFRICAN DRUM CIRCLE ONCE MORE FOR A HEART BEAT OF ENERGETIC DRUMMING, CHANTING & DANCING. LIGHT INSTRUMENTS, DANCING BODIES, VOICES - ALL WELCOME

WILD VIBES - SONGWRITING & PERFORMANCE - JOHN & BETH 4.30-5.30

FOR A FANTASTIC OPPORTUNITY TO LEARN HOW TO WRITE A SONG, JOIN THE SONGWRITING SESSIONS. UNDER THE GUIDANCE OF EXPERIENCED MUSICIANS, SONGWRITERS AND EDUCATORS, LEARN TO DEVELOP A STRATEGY FOR WRITING LYRICS AND THEN PUT THESE NEW FOUND WORDS AND IDEAS TO MUSIC.

5.30 CLOSING CEREMONY WITH HANNAH HARDY

GET READY FOR AN IMPROMPTU PERFORMANCES WITH ALL KIDS

AREA CREW

5.30
<u>CIRQULISE</u>
FAE IN THE SKY PERFORMNCE



MONDAY 28 TH AUGUST 9.00 - 10.30 POP UP CRAFTS WITH D.I.Y KID

10.00AM B GIRL EZRAKEDEZRAH ROCK STEADY BEATS ONE LAST BATTLE CALLING ALL B BOYS AND B GIRLS

QI GONG WITH KITTY SCHUCHARD AND AARON 10.30 -11.30

MOVEMENT MEDITATION QI GONG FOR KIDS LEARN A SET OF QI
GONG EXCERICISE

KNOWN AS BA DUAN JIN OR 8 BROCADES QI GONG. THIS IS AN INCREDIBLY POWERFUL MEDITATIVE PRACTICE THAT HOLDS GREAT BENEFITS FOR BOTH PHYSICAL AND MENTAL HEALTH