

Into the Wild
Beltane Fire Festival
Online Programme

UK times	Friday	Saturday	Sunday	Monday
9 – 10am	<p style="text-align: center;"><u>Festival Opening</u></p> <p>Welcome then Sacred music from Madhup Mudgal from the City of Djinns (Delhi) and a live fire ceremony from the banks of the river Ganges from Rishikesh, India</p>	<p style="text-align: center;"><u>Surrender meditation</u></p> <p>Letting go as the ultimate path. Relaxing into the vast expanse... with Shivam O Brien from Spirit Horse</p> <p style="text-align: center;"><u>You are the infinite universe</u> A cocktail of pranayama, asana, mantra and mudra with Jed Fox</p>	<p style="text-align: center;"><u>8am Sunday</u></p> <p>Forest Bathing: Join the dawn chorus at the festival site and bathe your senses within the forest – with Helena</p> <p style="text-align: center;"><u>Stretch and Shake Awake</u> Best way to start the day! With Genie Yogini</p> <p style="text-align: center;"><u>Sacred Singing Circle</u> with Ben Ben Ji</p>	<p style="text-align: center;"><u>Morning prayer and barefoot Pawnee women’s earth dance</u> with Debbie Reynolds</p> <p style="text-align: center;"><u>Surrender meditation</u> Letting go as the ultimate path. Relaxing into the vast expanse... with Shivam O Brien from Spirit Horse</p>

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10 – 11am	<p><u>Connecting to our indigenous nature</u> A talk with Ecuadorian Shaman Kurikindi</p>	<p><u>Singing in the Spring!</u> Into the Wild Choir with Sophia Efthimiou</p> <p><u>Remembrance and the web of life</u> A 50-minute guided journey into presence and remembrance with Ben Bushill</p>	<p><u>Couple love ceremony</u> This is a beautiful ceremony of the heart for couples young and old, happy or sad, with Jewels Wingfield</p> <p><u>A life in trees: Rainforest Action Impact Network, Bushcraft and more</u> with Yara Ghrewati</p>	<p><u>Anahata yoga Shiva and Shakti dance</u> with Caroline, live from Sanctuary Thailand</p> <p><u>Hand reflexology</u> self-help techniques to support stress and tension, with Tracy Turnell</p> <p><u>The Elevator Sound Bath</u> With Marv Radioli</p>
11am – 12pm	<p><u>Pandemic Parenting for Resilience</u> with Roma Norris</p> <p><u>Rebirthing</u> Come on a journey using conscious connected breathing with Sally & Chris Stonier</p>	<p><u>How to live in love-</u> a class in communication with Cate Mackenzie</p>	<p><u>Shamanic Journey Middle Earth Medicine Wheel</u> with Caroline Carey</p> <p><u>Gentle Heart Yoga</u> A gentle, heart opening vinyasa flow with Polly Griffiths</p>	<p><u>Dance the Heart Open</u> Shakti dance with Debbie Reynolds</p> <p><u>Wild's sing-along -</u> With Wild Egremont</p>

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11am – 12pm	<p><u>Awakening to Bliss</u> _Chanting session with Nellie Apostolova</p> <p><u>The Elder and the Willow</u> A family art and nature connection activity with Sophia Campeau</p>	<p><u>Nei Gung movement and Natural medicine essentials in the time of Corona</u> with Simon Carey-Morgan.</p> <p><u>Music and sound healing</u> with Sula Mae</p>	<p><u>Deep Sound Relaxation Journey.</u> Live from The Sanctuary Thailand with Ania</p> <p><u>What Next?</u> An introduction to Lynne Frank’s Power of 7 Leadership Tools on Wisdom Keepers</p>	<p><u>A Doula’s Birth Tips</u> with Roma Hearsay Doula</p> <p><u>Hatha Yoga</u> Exploring flowing sequences, breathing exercises, mantra and meditation with Natasha Quinn.</p>
12 -1pm	<p><u>‘Being a Beast’</u> With Charles Foster (author)</p> <p>Family Dancing Freedom with Sophie Bolton</p> <p>A family yoga class, for all ages and abilities, that turns into a dance party of magic, ending in relaxation.</p>	<p><u>Wild crafts -The four elements</u> with Daniel Brooks</p> <p><u>Seven Tantrik Techniques to Transform Your Yoga</u> with Jim Tarran</p>	<p><u>Ecstatic dance</u> with Will Softmore</p> <p><u>Waterlight</u> Poetry and film 40 mins Clare Crossman</p> <p><u>What is Yoga?</u> A class that will explore yoga in several forms posture, breath, visualisation and mantra with Jim Tarran</p>	<p><u>“Sweat Your prayers”</u> Neda Nenadic</p> <p><u>Eco-poetry & taster of wild writing workshop</u> Helen Moore</p>

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1 -2pm	<p><u>Marv Radio Live, Learn To Beatbox</u></p> <p><u>'Wild'</u> With Kedar Brown, US ceremonialist, vision guide</p>	<p><u>Stories from the San bushman Supporting humanities oldest culture in this time</u> with Caspar Brown</p> <p><u>'ReWilding 101'</u> with Peter Michael Bauer (author)</p>	<p><u>Sacred Sexuality Workshop</u> with Gammadian and Ena</p> <p><u>Emerging Education</u> What does the future need us to do now? with Rebecca Mitchell:</p> <p><u>Journey to Shambala</u> Tibetan, Mongolian and mystical sound journey with Michael Ormiston & Candida Valentine</p>	<p><u>A band of brothers</u> with Ben Cole</p> <p><u>Coming Home to Contentment</u> Nurturing yourself through sacred space, acceptance and surrender with Ziba Bayley</p>
2 – 3pm	<p><u>The mighty flint axe</u> with Will Lord</p> <p><u>Despacho Ceremony</u> A simple ceremony from the Andean mystical tradition with Ali Rabjohns</p>	<p><u>Satsang</u> with Vivek</p> <p><u>XR & The failures of imagination</u> that led to where we are: how to imagine a wilder more local world, post-corona with Rupert Read</p>	<p><u>Inspiration engineer</u> part performance and part workshop with Chris Paradox</p> <p><u>Irreplaceable: The Fight to Save our Wild Places</u> with Julian Hoffman (author)</p> <p><u>Marv Radio Live, Learn To Beatbox</u></p>	<p><u>Stone face creative at Storrs wood</u> with Andrew Vickers</p> <p><u>Spirit Drum!</u> From complete beginners to performance player drumming for everyone needs. Join Master Drummer Alexandre Dayo from Burkina Faso</p>

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3 – 4pm	<p><u>Embodied Sovereignty</u> with Adam Wilder</p> <p><u>African Drumming</u> For all, drum on Anything! with Sarah Westwood</p>	<p><u>3 - 3.30pm</u> <u>Songwriting & Music</u> with Taliesin</p> <p><u>What I If & the power of</u> <u>Imagination</u> with Rob Hopkins</p>	<p><u>Kirtan Choir</u> with Asha McCarthy</p> <p><u>Fire Book</u> with Dan Hulme</p> <p><u>Seasonal sing-a-long session..</u> intended as a tonic for these times with JuliLa</p>	<p><u>Rewilding</u> with Jan Stannard & Hannah Needham/HEAL Rewilding NGO:</p> <p><u>Play of Now</u> a playful exploration of space – inner and outer, small and large – through improvisation & movement. Anyone can join! With Jaya Hartlein</p>
4 – 5pm	<p><u>Bouzouki, Song & Mantra</u> with Mat Baker</p> <p><u>Shamanic trance dance</u> with Zelia Pye</p>	<p><u>5 Rhythms Dance</u> with Sophie Campeau</p> <p><u>A new way to become</u> <u>involved in rewilding</u> with Jan Stannard & Hannah Needham</p> <p><u>Heart Drum!</u> From complete beginners to performance player drumming for everyone needs. Join Master Drummer Alexandre Dayo from Burkina Faso</p>	<p><u>BEINGHUMAN</u> - workshop with Gaynor Flynn</p> <p><u>River Roots</u> live music from Thailand</p> <p><u>Environment Journalist at</u> <u>Guardian & new book on oil &</u> <u>corporations</u> Terry McAlister</p>	<p><u>Eco-masculinity</u> with Paul Mark Pule</p> <p><u>The Plant Spirit of Ivy</u> <u>A shamanic journey</u> with Sally Smiles</p> <p>4- 4.30 <u>Future Frome Forest project</u> Ben Gray</p> <p>4.30 – 5 Oxford storytelling festival presents <u>Emily Hennessey</u> <u>and Fire and Dust</u></p>

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5 – 6pm	<p><u>Shakti Dance Infinite flow</u> with Debbie Shakti</p> <p><u>Awaken the shaman you</u> <u>already are</u> with Thomas Schorr Konn</p>	<p><u>“Into the wild, Into the</u> <u>mystic”</u> with Mick Collins</p>	<p><u>5-5.30pm</u> <u>Sole bound -</u> live music from Sussex</p> <p>5.30-6pm <u>Climate Keys (live piano &</u> <u>short talk</u> Lola Perrin: (MUSIC)</p>	<p><u>Guided healing journey to</u> <u>ambient music</u> with Keith Hodge</p> <p><u>Singing bowl sound bath</u> Nick Tischler</p> <p><u>5.15</u> <u>The Children’s Fire</u> with Mac Macartney from Embercoombe</p>

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6 – 7	<p><u>Lucid Dreaming, Lucid Living</u> with Gammadian and Ena</p> <p>6 .30 – 7pm <u>Usheen in the land of youth</u> A celtic romance , Told by Shivam accompanied on harp by Emer Lynam</p>	<p><u>The Children’s Fire</u> with Mac Macartney from Embercoombe</p> <p>6. 30 – 7 <u>Divine Whispers</u> Poetry from the edge of now! With Deja Hu</p>	<p><u>Songs from the Heart</u> Mantra bhajans & songs with Scott & Maria</p> <p>6 -6.30pm Cello, songs and live looping with Asha McCarthy</p> <p>6.30-7pm <u>Tibetan Nomadic Songs</u> with Loten Namling</p>	<p>6 - 6.30pm <u>Community and rewilding.</u> How Spirit Horse re-created a village, a way of life and 200 acres of wild sanctuary in secret wales. Talk by Shivam O’Brien.</p> <p>6.30-7.00pm <u>Prehistoric dream</u> with Will Lord</p>
7 – 8pm	<p><u>Arjun Baba</u> Kirtan and devotional songs</p>	<p>7-7.30pm <u>One Giant Leap songs</u> with Duncan Bridgeman</p> <p>7.30-9pm <u>Nico De Transilvania</u> Presents Music and Forests without Frontiers</p>	<p><u>Xeraphine music</u> Harp, Native Flutes and more live from Colorado...</p> <p>7.30pm-9.30pm <u>Grief and Gratitude council.</u> A live ceremony from the EarthLodge for the great turning. <u>Jewels Wingfield</u></p>	<p><u>Updrafters</u> with Ben Zuddhist Live from the Pyrenees</p>

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8 - 9	<p>8 - 8.30 <u>Lloyd Williams</u> Live from a boat!</p> <p>8.30 -9 <u>Theo Bard</u> Live from London Town.</p>	<p><u>Nico De Transilvania</u> Presents Music and Forests without Frontiers</p>	<p><u>Music from the heart and spirit</u> with Danny Emerson</p>	<p>8 onwards <u>Max Bailee</u> Evening Classical Soiree</p> <p>8.30 <u>Sam Wellbourne</u> Classical guitar live from Glastonbury</p>
9 - 10	<p><u>Martha Tilston</u> Live from a Cornish cottage</p>	<p><u>Carrie Tree</u> & <u>Special guest Sophia</u> Live from the Sussex woods</p>	<p>9- 9.45 <u>Mobius Loop live</u></p> <p>9.45 onwards <u>Sika</u> Live from New Zealand</p>	<p><u>Fantuzzi</u> Magical Maestro all the way From Turtle island</p> <p>The original vibe star!</p>

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10 onwards	<p><u>Sam Lee</u> Singing live with Nightingales in Sussex</p>	<p>Sat night afterparty will be evening of beautiful uplifting world electronica, spanning different genres with a sumptuous global flavours throughout. A consciousness immersive soundscape to encourage a deep connection to mind body and soul.</p> <p>Live from Sussex with Will Softmore & Caz Coronel</p>	<p><u>Sika</u> Live from New Zealand</p> <p>10.30 Good Vibes Gong Bath - Lay back, absorb, release & relax to the deep sounds of the Gong. Live With Sound and Space</p>	<p><u>In the end only love remains</u> <u>Rumi, Hafiz and ecstatic poems</u></p> <p>THE END</p>