ROLLING SESSIONS THROUGHOUT THE WHOLE OF INTO THE WILD FESTIVAL



Into the Wild Festival 2022 Kids Area Workshop Programme

The following workshops will be rolling so you can dip in and out as you please.

<u>Willow & Tissue Building - Abbie</u>

Rolling workshop in Willow Tent – Running during whole festival

Ages 4 and upwards – No limit

Get messy and using willow, tissue paper and PVA glue to create animal like structures to be painted and paraded around the site for all to enjoy in the children's parade on the Sunday. Drop in anytime for these sessions.

Huge spiders web - Liz Rolling workshop outside in kids area – Running during whole festival All ages – No limit

Decorate the spider web with fabric strips (string up a huge web on the outside of the children's activity marquee). Lets see how big we can make the web.

Big Game Play - Perry

All ages – No limit

There will be special times in our programme where Silly Olympics take place but watch out for big game play coming and going in the kids area.

Watch out for "test your strength", "wack the rat", "giant jenga", "hoola hoops" and much more.

NEW TO THE KIDS AREA

 Make sure you visit our new "Hospitable Environment" area where you can create, make and break bread together ...



- "Fiery Jack" and his award winning circus troupe will be around all weekend to demonstrate, teach and have fun with all things circus!
 - We are delighted to welcome back the "D.I.Y. Kids Arts & Craftivism" team delivering and number of our workshops this year
 - PLEASE MAKE SURE YOUR KIDS ARE ACCOMPANIED IN THE KIDS AREA



Into the Wild Festival 2022 Kids Area Workshop Programme

Friday 26th August

Big Colour Fun - Liz

3.00pm-4.30pm outside Messy Tent

Ages 4-14 – 90 mins rolling – Max 10x at one time

Express yourself with colour, word and shape on huge recycled banners that will be displayed during the kid's procession.

<u>Willow & Tissue Building - Abbie</u>

4.30pm-6.00pm in the Willow Tent – Running during whole festival

Ages 4 and upwards – No limit

Get messy and using willow, tissue paper and PVA glue to create animal like structures to be painted and paraded around the site for all to enjoy in the children's parade on the Sunday. Drop in anytime for these sessions.

Nature Weaving – Bella & Tess 4.30pm-6.00pm in the Messy Tent All ages welcome – Max 20+

Explore the luscious woods collecting natural objects to incorporate into a woven design including string and twig letters, mobiles and decorations.

Big Game Play - Perry

4.30pm-6.00pm - Outside - MEET IN KIDS AREA AT FAIRY TENT

All ages welcome - Max 20+

All are welcome to train and compete in ITW's very own Silly Olympics in the kids area. Sack races, wheelbarrow races, steady hands, tug of war, hoola hoops leading on to sock wrestling, keep yuppy uppy and much, much more

There are giant games and toys to play with and books to enjoy in the soft play area. Comfy chesterfield sofas await weary parents to take the weight off in our rustic snug!

Take a sneak preview at our wood fired bread oven and visit the "Hospitable Environment" crew!

See in you can catch sight of "Fiery Jack" and his band of circus dwellers!



Into the Wild Festival 2022 Kids Area Workshop Programme Saturday 27th August

Fun with Play Dough & Puppet Show - Jasmine

9.00am-10.30am in the Messy Tent Up to 5 years – Max 20x

Young ones have fun with play dough, playing with homemade dough and making creations of all shapes and sizes, recipe provided ... just play away ... and watch out for the puppets

Star wands willow weaving – Karen F 9.00am-10.30am in the Messy Tent Ages 4-12 – Max 20x

Make and decorate a willow star magic wand. Bring yourself and your child to weave a star from willow. There will be an option to add some decorations to your willow star which you can take away to play with.

Warrior & Super Power Yoga – Claudia 9.00am-10.30am in the Story Tent Ages 4-12 – Max 20x

Imagination meditation to connect heart and mind, Yogi breath, breaths for Super brain health, Breath of Fire, Breath of Light and Warrior Breaths. Then a Powerful and energetic Warrior Flow and ecstatic dance. Mirror the journey of life through the 7 colours of the rainbow ...

<u>Candle Decoration – Liz</u> 9.00am-10.30am in the Messy Tent

Turn a plain white candle into a multi coloured candle for a special celebration using pieces of coloured wax sheet.

Creative Crafting in Clay – Tracey 10.30am – 12.00pm in the Messy Tent. Ages 6 upwards – Max 15x

An introduction to this creative world of clay and you are invited to have fun and 'get your hands dirty'. Join Tracey and create individual hand-built clay masterpieces. In her immersive workshops you will learn new techniques of pottery such as coiled pots, pinch pots, slip and scratch and carving skills.

<u>Dream Catcher Making – Clair (D.I.Y Kids Arts and craftivism)</u> 10.30pm-12.00pm in the Messy Tent Age 8 upwards – Max 20+

In this Dreamcatcher Workshop kids will get to create their own dream catchers. Originally from Native American cultures, dream catchers were handmade and believed to give their owners good dreams. Using a range of materials such as feathers & string, each child will get to create their own.

HappEco Mask Making - Emma 10.30am-12.00pm in the Messy Tent Ages 4 upwards - Max 20+

HappEco invite you to join them to make bumblebee and ladybird masks and bug-themed colouring pages. Get creative using eco-friendly materials and their handmade eco wax crayons. The HappEco is inspired by mother nature, creating and selling gifts which value and protect our earth.

Mindful Storytelling / Being with our feelings - Anita 10.30am-12.00pm in the Story Tent Aged 6 upwards - Max 20x

Being With Our Feelings - an embodied, mindful storytelling workshop. Listen to Anita's enchanting rhyming stories and then have a chance to explore how your own feelings move and feel in your body - through words, sound and movement. Warning: fun and humour may be present! Children can be unaccompanied.

Parents/carers are welcome to join in.

World music journey – Alex 12.00pm-1.30pm in the Story Tent / Outside All ages – Max 30+

Music is our universal language; through music all beings are able to communicate from different countries and cultures, and can be a powerful tool for promoting peace and unity! Every culture, tribe & community has different types of instruments and ancient musical traditions. With the musical train, children will discover the instruments of the world travelling on a world map, merging music with geography and history.

Clay Buddha heads – Oliver (D.I.Y Kids Arts and craftivism) 12.00pm–1.30pm in the Messy Tent

Age 5 upwards – Max 20+

This Kids' Clay Workshop was created as a concept for kids to get their hands dirty. Clay is one of Earth's more abundant materials and it's a brilliant and fun way to get back to basics while also being creative.

<u>Sleep Potions – Ezra (D.I.Y Kids Arts and craftivism)</u>

12.00pm-1.30pm in the Messy Tent

Age 5+ - Max 20+

Create your very own sleep potions from magical ingredients. Sleep like sleeping beauty or share with friends and family.

Macrame – Jasmine (D.I.Y Kids Arts and craftivism)

12.00pm-1.30pm in the Messy Tent All ages – Max 20+

Try your hand at this age-old crafting technique that uses knots to create various textiles. Since this art form has regained popularity in recent years, crafters and artists are coming up with innovative ways to take macrame beyond the basics – how far can you go?

Making an apple birdfeeder – Liz 12.00-1.30pm in the Messy Tent 4-12 years – Max 15x

A simple but effective way of feeding our much loved wild birds. The birds will love pecking the seeds that you stick into the apple and make into a hanging bird feeder. Help keep the birds singing.

<u>Hospitable Environment – Ellie & Sam</u>

From 1pm – Outside at the oven All ages – Max 20+

Join Hospitable Environment in baking bread together in their woodfire oven and eating together around a table. @hospitbale_environment are a community arts organisation based in East Sussex and committed to exploring how to create hospitable environments in our communities.

Silly ITW Olympics - Perry

1.30pm-3.00pm Outside

All ages - Max 20+

Come and be silly with us. Try your foot at sock wrestling, ping pong paraphernalia, keepy uppy and many more silly games to compete in

Gelatine Printing – Hannelore (Artpocket)

1.30pm-3.00pm in the Messy Tent

4-12 Years - Max 10x (3 sessions available each slot)

Gelatine printmaking with Artpocket, creating and experimenting hands-on fun. Each print you pull is unique so join in and discover a different way to create art.

Making fabric covered little notebooks - Anna

1.30pm-3.00pm in the Messy Tent

Aged 5 upwards – Max 20+ (This workshop uses a needle so be careful)

Choose your own special fabric for cover and decorative paper for inside cover and learn how to make your very own personalised little notebook. Job done, exit smiling, waving booklet!

Baby Yoga - Danielle

1.30pm-3.00pm in the Story Tent

Babies with Mothers/Fathers - Max 10x

Come and learn how to practice gentle yoga inspired techniques with your baby to support your babies development - bond and have fun.

Plaster Impressions – Rose

1.30pm-3.00pm in the Messy Tent

All ages (under 8 need to be accompanied by an adult) - Max 16x

Enjoy an intriguing process of casting in plaster: capturing textures and impression of shells and leaves etc...

Resulting in everyone having their own beautiful plaster plaque or little frame to take home.

<u>Hospitable Environment – Ellie & Sam</u>

1.30.pm-3.00pm - Outside at the oven

All ages – Max 20+

Continue with Hospitable Environment in baking bread together in their woodfire oven and eating together around a table. @hospitbale_environment are a community arts organisation based in East Sussex and committed to exploring how to create hospitable environments in our communities

Fiery Jack Circus Skills

1.30pm-3.00pm – outside under parachute

All ages – Max 30+

Fiery Jack and his amazing troupe share their special circus skills with anyone who would like to learn. They are with us for the whole weekend. Master various circus skills with the best and remember to come back and watch a dazzling performance with Fiery Jack and his award winning family at 5pm!

Crystal Wand Making – Karen (D.I.Y Kids Arts and craftivism)

3.00pm-4.30pm in the Messy Tent

Aged 5+ - Max 20+

Make and decorate your own crystal wand. Using real crystals for the ultimate power in spell making. Only you can unleash the good spells that your wand can conjure up

<u>Cratftivism – Dan (D.I.Y Kids Arts and craftivism)</u>

3.00pm-4.30pm in the Messy Tent

Get crafty: using your hands, head and heart come and explore creative ways to be a strategic activist using craft. Join the craftivisim revolution.

Fiery Jack Circus Skills

3.00pm-4.30pm – outside under parachute All ages – Max 30+

Continue with Fiery Jack and his amazing troupe as they share their special circus skills with anyone who would like to learn. They are with us for the whole weekend. Keep on mastering various circus skills with the best and remember to come back and watch a dazzling performance with Fiery Jack and his award winning family at 5pm!

<u>Drum Circle – Abdul</u> 3.00pm-4.30pm Outside / Story Tent All welcome – Max 30+

Join Herts African Drum Circle at the kids area for a heart beat of energetic drumming, chanting & dancing. Light instruments, dancing bodies, voices - all welcome

Hospitable Environment – Ellie & Sam 3.00pm-4.30pm – Outside at the oven All ages – Max 20+

Last session of the day with Hospitable Environment baking bread together in their woodfire oven and eating together around a table. @hospitbale_environment are a community arts organisation based in East Sussex and committed to exploring how to create hospitable environments in our communities

<u>Wild Vibes - Songwriting & Performance - John & Beth</u> 4.30-6.00pm - in the Story Tent Age 13 upwards - Max 15x

For a fantastic opportunity to learn how to write a song, join the Songwriting Sessions. Under the guidance of experienced musicians, songwriters and educators, learn to develop a strategy for writing lyrics and then put these new found words and ideas to music. (If you are able to bring an acoustic guitar or any other instrument that would be great. PA and mics provided)

Nature Weaving – Bella & Tess 4.30pm-6.00pm in the Messy Tent All ages welcome – Max 20+

Another chance to explore the gifts from the luscious woods using natural objects to incorporate into a woven design including string and twig letters, mobiles and decorations

Herbal Bath Bombs – Ezra (D.I.Y Kids Arts and craftivism) 4.30pm-6.00pm in the Messy Tent Age 5 upwards – Max 35+

A fun packed, hands on workshop, where you will learn the delights of bath bomb making and take the art of making bath bombs and bath fizzies to new heights. You will be using simple, natural ingredients and herbs creating truly delicious bath fizzies and bath treats.

FIERY JACK CIRCUS PERFORMANCE 5.00pm – outside under the parachute All ages

Roll up, roll up – Fiery Jack performs with his troupe for a special performance in the Kids area. Be amazed at this award winning family and be prepared to be dazzled and delighted at this spectacle



Into the Wild Festival 2022 Kids Area Workshop Programme Sunday 28th August

Puppet/doll making and story telling - Jasmine 9.00am-10.30pm in the Messy Tent Ages 5-16 (Can be younger if supervised) - Max 25x

Making dolls/puppets from recycled materials such as wooden café spoons, wooden sticks, fabric etc. and then the children have an opportunity to do some interactive story telling together with their dolls and puppets

Warrior & Super Power Yoga – Claudia 9.00am-10.30am in the Story Tent Ages 4-12 – Max 20x

Another chance to connect heart and mind, Yogi breath, breaths for Super brain health, Breath of Fire, Breath of Light and Warrior Breaths. Then a Powerful and energetic Warrior Flow and ecstatic dance. Mirror the journey of life through the 7 colours of the rainbow ...

HappEco Mask Making - Emma 9.00am-10.30am in the Messy Tent Ages 4 upwards – Max 20+

Crafting a conscious planet together, HappEco invite you to join them once more to make bumblebee and ladybird masks and bug-themed colouring pages. Get creative using eco-friendly materials and their handmade eco wax crayons. Their projects are all eco-friendly, their aim is to reuse and recycle, their hope is to reduce landfill, their vision is to live plastic free, their passion is to inspire children to love and connect with universe.

Fiery Jack Circus Skills 9.00am-10.30am – outside under parachute All ages – Max 30+

Start the morning with Fiery Jack and his amazing troupe as they share their special circus skills with anyone who would like to learn. Keep on mastering various circus skills with the best and remember to come back and watch a dazzling performance with Fiery Jack and his award winning family today at 1pm!

Star wands willow weaving – Karen F 10.30am-12pm in the Story Tent Ages 4-12 – Max 20x

Last chance to make and decorate a willow star magic wand. Bring yourself and your child to weave a star from willow. There will be an option to add some decorations to your willow star which you can take away to play with.

Macrame - Jasmine (D.I.Y Kids Arts and craftivism)

10.30am-12.00pm in the Messy Tent

All ages – Max 20+

Try your hand once more at this age-old crafting technique that uses knots to create various textiles. Since this art form has regained popularity in recent years, crafters and artists are coming up with innovative ways to take macrame beyond the basics – how far can you go before the festival ends?

Fiery Jack Circus Skills

10.30am-12.00pm – outside under parachute

All ages – Max 30+

Keep improving your circus skills with Fiery Jack and his family. Keep on mastering various circus skills with the best and remember to come back and watch a dazzling performance with Fiery Jack and his award winning family today at 1pm!

Clay Buddha heads – Oliver (D.I.Y Kids Arts and craftivism)

10.30sm-12.00pm in the Messy Tent

Age 5 upwards - Max 20+

Last opportunity to do this Kids' Clay Workshop that was created as a concept for kids to get their hands dirty. Clay is one of Earth's more abundant materials and it's a brilliant and fun way to get back to basics while also being creative.

Mindful Storytelling / Being with our feelings - Anita 10.30am-12.00pm in the Story Tent

Aged 6 upwards - Max 20x

Last chance to "Be With Our Feelings" - an embodied, mindful storytelling workshop. Listen to Anita's enchanting rhyming stories and then have a chance to explore how your own feelings move and feel in your body - through words, sound and movement. Warning: fun and humour may be present! Children can be unaccompanied. Parents/carers are welcome to join in.

<u>Plaster Impressions – Rose</u>

10.30am-12.00pm in the Messy Tent

All ages (under 8 need to be accompanied by an adult) – Max 16x

Final chance to enjoy an intriguing process of casting in plaster: capturing textures and impression of shells and leaves etc... Resulting in everyone having their own plaster plaque or little frame to take home.

Weaving Gods Eyes - Liz

12.00pm-1.30pm in the Messy Tent

Simple but beautiful. Gods Eyes – weaving with wool on two sticks to make a hanging decoration

Sleep Potions – Ezra (D.I.Y Kids Arts and craftivism)

12.00pm-1.30pm in the Messy Tent

Age 5+ - Max 25+

Create your very own sleep potions from magical ingredients. Sleep like sleeping beauty or share with friends and family.

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12.00pm-1.30pm in the Messy Tent

Age 5 upwards - Max 25+

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Gelatine Printing – Hannelore (Artpocket)

12.00pm-1.30pm in the Messy Tent

4-12 Years - Max 10x (3 sessions available each slot)

More gelatine printmaking with Artpocket, creating and experimenting hands-on fun. Each print you pull is unique so join in and discover a different way to create art.

Tree Babies - Gayle

1.30pm-3.00pm in the Woods (Meet at entrance to kids area)
Babies (in a sling) and Mothers/Fathers – Max 10x

Come and experience the power of mindfulness, forest bathing, breathwork and movement with your baby.

Suitable for all babies in slings. Connect with yourself, your baby and the power of nature.

FIERY JACK CIRCUS PERFORMANCE

1.00pm – outside under the parachute All ages

Roll up, roll up – Fiery Jack performs at Into the Wild 2022 with his troupe for a special performance in the Kids area. Be amazed at this award winning family and be prepared to be dazzled and delighted at this spectacle. They may even be back for the Kids parade at 6pm if you cheer enough and ask them nicely!

Silly ITW Olympics - Perry 1.30-3.00pm Outside All ages – Max 20+

Come and be silly with us one final time. Try your foot at sock wrestling, ping pong paraphernalia, keepy uppy uppy and many more silly games to compete in. Who will win the tug of war?

Herbal Bath Bombs – Ezra (D.I.Y Kids Arts and craftivism) 1.30pm-3.00pm in the Messy Tent Age 5 upwards – Max 35+

This is popular and also your final chance to do a fun packed, hands on workshop, where you will learn the delights of bath bomb making and take the art of making bath bombs and bath fizzies to new heights. You will be using simple, natural ingredients and herbs creating truly delicious bath fizzies and bath treats.

Making fabric covered little notebooks - Anna

1.30pm-3.00pm in the Messy Tent

Aged 5 upwards – Max 20+ (This workshop uses a needle so be careful)

Choose your own special fabric for cover and decorative paper for inside cover and learn how to make your very own personalised little notebook. Job done, exit smiling, waving booklet!

<u>World music journey - Alex</u> 1.30pm-3.00pm in the Story Tent / Outside All ages - Max 30+

Music is our universal language; through music all beings are able to communicate from different countries and cultures, and can be a powerful tool for promoting peace and unity! Every culture, tribe & community has different types of instruments and ancient musical traditions. With the musical train, children will discover the instruments of the world travelling on a world map, merging music with geography and history.

<u>Dream Catcher Making – Clair (D.I.Y Kids Arts and craftivism)</u> 1.30pm-3.00pm in the Messy Tent

Age 8 upwards - Max 20+

In this final Dreamcatcher Workshop kids will get to create their own dream catchers. Originally from Native American cultures, dream catchers were handmade and believed to give their owners good dreams. Using a range of materials such as feathers, string, each child will get to create their own.

Hospitable Environment – Ellie & Sam 1.30pm-3.00pm – Outside at the oven All ages – Max 20+

Hospitable Environment are back again hard at it baking bread together in their woodfire oven and eating together around a table. @hospitbale_environment are a community arts organisation based in East Sussex and committed to exploring how to create hospitable environments in our communities

<u>Decorating Pebbles – Liz</u> 3.00pm-4.30pm – in the Messy Tent Aged 4-10 – Max 15+

Paint a pebble as an animal, a creepy crawly, with a message, or a picture and add it to the pebble trail and take it home when you leave.

Nature Weaving – Bella & Tess 3.00pm-4.30pm in the Messy Tent All ages welcome – Max 20+

Yet another chance to explore the gifts from the luscious woods using natural objects to incorporate into a woven design including string and twig letters, mobiles and decorations

<u>Drum Circle – Abdul</u> 3.00pm-4.30pm Outside / Story Tent All welcome – Max 30+

Join Herts African Drum Circle once more for a heart beat of energetic drumming, chanting & dancing. Light instruments, dancing bodies, voices - all welcome

Crafftivism – Dan (D.I.Y Kids Arts and craftivism)

3.00pm-4.30pm in the Messy Tent

Get crafty once more: using your hands, head and heart come and explore creative ways to be a strategic activist using craft. Join the craftivisim revolution.

Creative Crafting in Clay – Tracey 3.00pm-4.30pm in the Messy Tent. Ages 6 upwards – Max 15x

An introduction to this creative world of clay and you are invited to have fun and 'get your hands dirty'. Join Karen and create individual hand-built clay masterpieces. In her immersive workshops you will learn new techniques of pottery such as coiled pots, pinch pots, slip and scratch and carving skills.

Hospitable Environment - Ellie & Sam 3.00pm-4.30pm - Outside at the oven All ages - Max 20+

Keep on making and breaking that bread together for the last time with the Hospitable Environment team.

<u>Wild Vibes - Songwriting & Performance - John & Beth</u> 4.30-6.00pm - in the Story Tent Age 13 upwards - Max 15x

For a fantastic opportunity to learn how to write a song, join the Songwriting Sessions. Under the guidance of experienced musicians, songwriters and educators, learn to develop a strategy for writing lyrics and then put these new found words and ideas to music. (If you are able to bring an acoustic guitar or any other instrument that would be great. PA and mics provided) Get ready for a n impromptu performance at 5.30pm.

5.30pm – WILD VIBES SHOWTIME

5.30pm - PREPARATION FOR KIDS PARADE

6.00pm - KIDS PARADE - AS MANY OF US AS POSSIBLE!!!!



Into the Wild Festival 2022 Kids Area Workshop Programme Monday 29th August

Nature Weaving – Bella & Tess

10.00am-12.00pm in the Woods – I the Messy Tent

All ages welcome – Max 20+

Last chance to turn natural objects to incorporate into a woven design including string and twig letters, mobiles and decorations

Big Game Play - Perry 10.00am-12.00pm Outside -All ages welcome – Max 20+

Last chance to let off steam with a plethora of play equipment. Who will be the tug of war champion?

Hospitable Environment – Ellie & Sam 10.00pm-12.00pm – Outside at the oven All ages – Max 20+

Join the Hospitable Environment crew for badge making and art activities to finish off the weekend in a creative way!